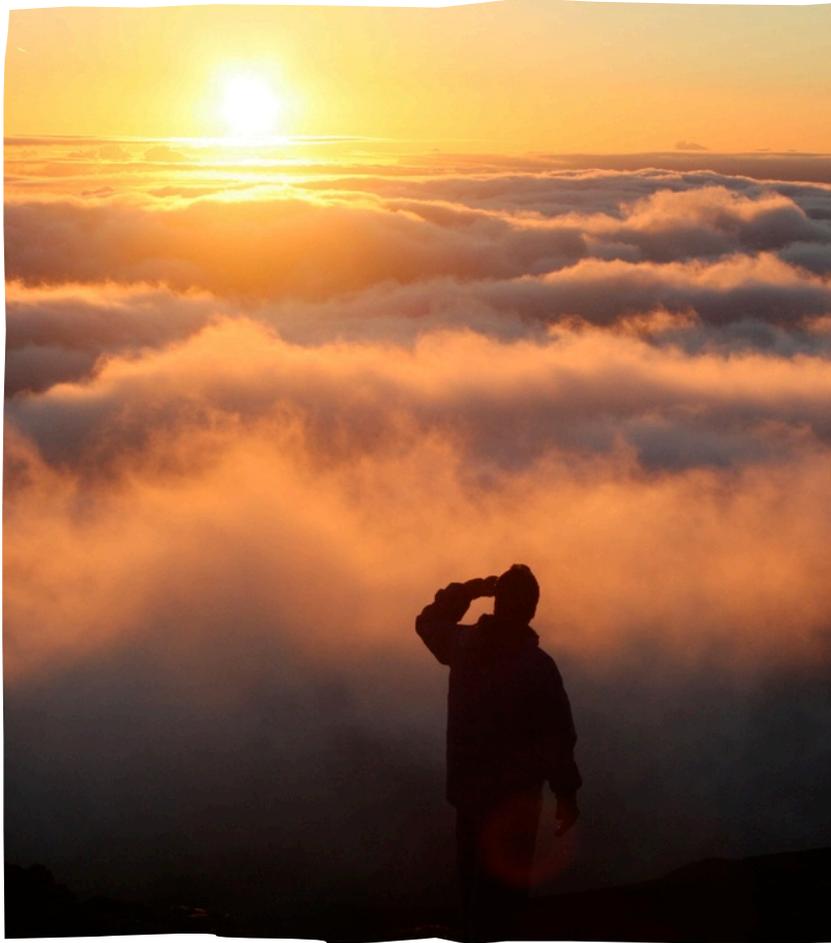




Wisdom in Action

Creating Mastery & Purpose in Later Life



What do you see in YOUR future?

Wisdom in Action can help bring more happiness, wellbeing and fulfillment into the second half of your life. Transform your relationship to growing older forever—and have the rest of your life be the best of your life.

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Can the Rest Be the Best?

What concerns and fears seem to be increasing as you age?

What are you doing about them?

What is missing in your life right now that, if present, would make the rest of your life be the best of your life?

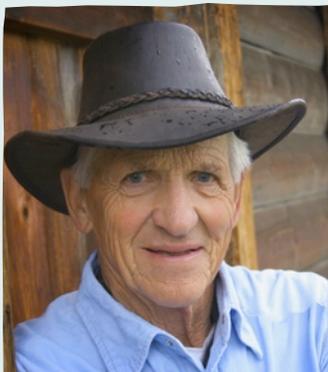
Engage in an interactive one-day workshop to create or reclaim your purpose, renew your passion for living, and rethink how you relate to your future. You can immediately apply everything you learn.

Discover how the cultural stories about aging and retirement have limited what's possible as you grow older. Find out how being "Wisdom in Action" can address many of the critical concerns of the second half, including:

- Fear of losing control of our finances, health, intellect & homes
- Loss of purpose
- Peaking as we grow older, and then declining
- Becoming burdens as we age.

Did you know there are many ways to *plan* your future, but only one way to *create* it so you can experience happiness and fulfillment? Learn how to design your future so that you'll be able to be listened to, appreciated and valued for who you are ... instead of how old you are.

Attend this fun and enlightening workshop and leave feeling better about yourself and your future.



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Who Can Benefit

- Middle-aged adults contemplating their future
- Professionals who work with retirees
- Anyone who is growing older



Course Objectives

- Learning the 3 basics of being “wisdom in action” in today’s world
- Celebrating what works and letting go of what doesn’t
- Designing a powerful, fulfilling future
- Creating a new context for growing older



Key Inquiries

- What is the future you’re living into?
- What is missing for you to be satisfied?
- What is your role as you grow older?
- What is wisdom?

“I left with an expanded vision of my own life and a renewed passion for living this glorious chapter. I surrendered fears of the unknown and the numbness of resignation. I discovered a way of listening that brought a deeper sense of honesty and compassion. In the end, I found a trust in myself to open fully to the magnificence of life and the sacredness of a journey that unfolds daily.”

Elizabeth Powers Brown

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Course Leaders

SHARON KNOLL is committed to a vision of a world that works for everyone—with no one and nothing left out. For the past 25 years, she has worked in the U.S., Europe, Japan and Africa developing coaches and transformational leaders. Recently, she worked with the U.N. developing local people as leaders in their own communities to reverse HIV/AIDS. As a transformational expert, she is adept at helping people see the paradigms they live in and at shifting their perspective to create a more empowering future. With a 98-year-old father and a daughter who is soon to have her own children, Sharon brings her own personal experiences and wisdom to the WISDOM IN ACTION workshop.



SHAE HADDEN is committed to bringing generations together to promote peace, environmental sustainability, and the wellbeing of people of all ages. In her view, everyone has the potential to be a leader—at any age—and the epitome of leadership is being “wisdom in action” (sharing the best of who we are and what we know in a way that empowers others). Shae is a member of the Elders Council of the David Suzuki Foundation, the Sage-ing Guild and the Institute of Noetic Sciences.



Production Manager

KEN CHRISTIE is committed to supporting the wellbeing of others and connecting people. Recently retired from a 28-year career working with emotionally and mentally disadvantaged people, Ken brings a social worker’s perspective to every conversation. He contributes his extensive mechanical and technical talents to both individual and community projects. Ken is currently fleet commander for a local sailing club, a volunteer with REACH Canada, and a home handyman in numerous areas throughout the Lower Mainland.



Attend the next workshop and create the future you want.

January 29, 2011

9 am to 5 pm

**UBC Robson Square
800 Robson Street, Vancouver**

Register online at
www.eldering.org/registration

More info
info@eldering.org
778.241.7423